



Cheryl A. Felice, President

Join the AME Wellness Committee and

Get Fit For 2012

Exclusive Gym Discounts for AME Members

For more details, please call AME Headquarters at (631) 589-8400

An Important Message for All AME Members!

Have you kept your New Year's resolution of getting back into shape? (Did you even make that resolution this year?)

Well, even if you didn't and you know it's time to get things started, AME has some very good news for you!

AME has reached out to many of the gyms and fitness clubs throughout Suffolk County, and they have responded by offering substantial financial discounts for our AME members!

Please see below and -- Get Fit for 2012!

Is your gym or fitness club listed here? If not, give us a call here at AME and we will contact your gym to see if they will provide you, as an AME member, with a financial discount on your membership as well!

If you would like to improve your health, please join your Union brothers and sisters in our Wellness Committee project of having the healthiest Union members in Suffolk County!

Give a call to us here at AME @ (631) 589-8400 to get a membership discount for your gym/fitness club.

Cheryl A. Felice, President

10% Discount

- **Curves** At the following participating locations: Babylon, Centereach, Deer Park, E. Setauket, Holbrook, Lindenhurst, Manorville, Patchogue, Riverhead, Sayville. Discount: 10% off monthly corporate rate.

15% Discount

- **Body Works Fitness**, Hauppauge

20% Discount

- **YMCA**, Bay Shore & Patchogue
- **East Islip Fitness** (\$499 per year)

25% Discount

- **Ultimate East**, Riverhead
- **Wanda's Weight Room Plus**, Moriches
- **Ultimate Fitness**, Patchogue
- **Unique Fitness**, Farmingville

50% Discount

- **The Body Depot**, Ridge

\$0 Sign Up Fee & Discounted Monthly Fee

- **Bally's**, Copiague
- **World Gym Racket & Sports Arena**, Setauket
- **Powerhouse Gym**, Setauket (\$19.99 per month)

\$55 Sign Up Fee/\$24.99 Mo.

- **Bally's**, Copiague

At Lowest Discounted Corporate Rate

- **LA Fitness**, Patchogue, Membership good anywhere in the country.
- **All 4 Fitness**, Babylon (\$39.00 per month)